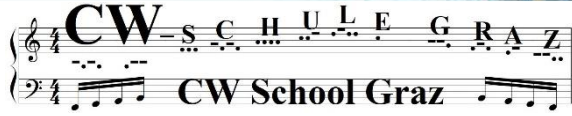




Exercise Plan M³²



Morserino-32 OE1WKL - OE6RDD - Translator OE6FEG - www.oe6.oevsv.at

Learn New Characters 15 WPM

- 1. Lesson Settings**
Koch Trainer - Selection Lesson
Double click: InterWord Spc 7 - InterChar Spc 3 - Random Groups All Chars -
Time Out No timeout - Snapshot 2
- 2. Listening – sing the new letter back**
Koch Trainer - Learn New Chr - Snapshot 2
- 3. Listening – send the new letter with the paddle** - Snapshot 2
(Repeat this exercise often)

Start Practice 15 WPM

- 1. Listening - sing the letters back**
Koch Trainer - CW Generator - Random
Double click: InterWord Spc 30 - InterChar Spc 3 - Random Groups All Chars - Length Rnd Gr 1 -
Max # of Words 20 - Snapshot 1
- 2. Listening - speaking the letters back**
Same settings as in step 1 - Snapshot 1
- 3. Listening – sending**
Koch Trainer - Echo Trainer - Random
Double click: InterWord Spc 7 - InterChar Spc 3 - Random Groups All Chars - Length Rnd Gr 1
Max # of Words 20 - Snapshot 3
- 4. Listening - writing / typing (70 % of the exercise session)**
Koch Trainer - CW Generator - Random
Double click: InterWord Spc 45 - InterChar Spc 15 - Random Groups All Chars -
Length Rnd Gr 2 to 5 - Max # of Words 15 - Snapshot 4
- 5. Send the groups of letters from part 4 with the paddle**
CW Keyer - 15 WPM - Snapshot 5

When you can copy 90 % of the characters correctly, move up to the next character or lesson.

After lesson 5, start to practice the 2 letter abbreviations.

- 6. Abbreviations listen – send with the paddle - speak**
Kochtrainer - Echo Trainer - CW Abbrevs
Double click: InterWord Spc 7 - InterChar Spc 15 - Random Groups All Chars -
Length Abbrevs max 2 - Max # of Words 20 - Snapshot 6